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# Plasmodium-associated changes in human odor attract mosquitoes

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Malaria parasites (*Plasmodium*) can change the attractiveness of their vertebrate hosts to *Anopheles* vectors, leading to a greater number of vector–host contacts and increased transmission. Indeed, naturally *Plasmodium*-infected children have been shown to attract more mosquitoes than parasite-free children. Here, we demonstrate *Plasmodium*-induced increases in the attractiveness of skin odor in Kenyan children and reveal quantitative differences in the production of specific odor components in infected vs. parasite-free individuals. We found the aldehydes heptanal, octanal, and nonanal to be produced in greater amounts by infected individuals and detected by mosquito antennae. In behavioral experiments, we demonstrated that these, and other, *Plasmodium*-induced aldehydes enhanced the attractiveness of a synthetic odor blend mimicking “healthy” human odor. Heptanal alone increased the attractiveness of “parasite-free” natural human odor. Should the increased production of these aldehydes by *Plasmodium*-infected humans lead to increased mosquito biting in a natural setting, this would likely affect the transmission of malaria.

malaria transmission | host attractiveness | parasite–vector–host interactions | aldehydes | disease biomarkers

Parasite transmission often constitutes a population bottleneck: Of the many parasites within one host, only a few are successfully transmitted to the next (1). Hence, parasites often evolve to exert influence over the transmission events. The malaria parasite *Plasmodium* would benefit from increasing its infected vertebrate host’s attractiveness to susceptible *Anopheles* mosquito vectors, if this resulted in increased contact rates between the two hosts. Such changes in attractiveness have been demonstrated in both animal (2–6) and human (7–9) malaria systems, as well as in other vector-borne disease systems (10–13). While manipulation of the “attractiveness” phenotype by the parasite has been suggested (5–9), it is difficult to disentangle this from some by-product of infection that fortuitously leads to increased host attractiveness and subsequently transmission. Body odor, comprising the volatile compounds emitted from the skin of vertebrates, is the most important cue used by *Anopheles* for host location (14). It has been shown that differences in the composition of skin odor are responsible for the variation in attractiveness to biting insects known to exist between people (15, 16), and these differences may be influenced by body weight and/or surface area, hormones, or genetic factors (17–19). Human body odor can also be influenced by disease, including metabolic disorders, genetic disorders, and infections (20). A study of *Plasmodium* infection in mice found such changes in body odor to be associated with changes in attractiveness to mosquitoes (6), and another found compositional changes in skin odor during controlled human malaria infection

(CHMI), with a variable effect on attractiveness (21). While increased attractiveness of *Plasmodium*-infected individuals has been demonstrated in a malaria-endemic setting (9), remarkably, no study has yet investigated the skin chemistry underlying this phenomenon. Given the crucial importance of body odor to mosquito host location, and the proposition that body odor can be altered during disease, here, we hypothesize that infection with *Plasmodium* parasites changes the odor of humans and that this influences attractiveness of humans to mosquitoes. To test this hypothesis, we first confirmed that asymptomatic

## Significance

In vector-borne disease systems, there is mounting evidence that vertebrate hosts become more attractive to disease vectors during infection, yet in human malaria, the underlying mechanism has not been studied. We identified compounds, including aldehydes, that are produced in relatively greater amounts in the skin odor of individuals with malaria, thus demonstrating a basis for this phenomenon in the cues used during mosquito host location. By establishing the attractiveness of these compounds to malaria mosquito vectors in laboratory bioassays, we characterize a process by which *Plasmodium* infection of humans could lead to increased mosquito biting. These compounds may serve as biomarkers of malaria or be used to enhance the efficacy of chemical lures used to trap mosquitoes.

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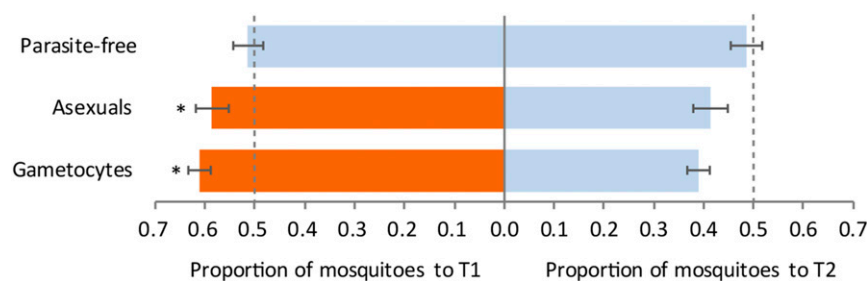
children in Western Kenya were more attractive to mosquitoes when harboring *Plasmodium* parasites, before comparing skin odor composition between *Plasmodium*-infected and parasite-free children from the same population. Using analytical chemistry, and the antennal and behavioral responses of *Anopheles* mosquitoes, we identified and established the role of *Plasmodium* infection-associated compounds (IACs) in human body odor.

## Results

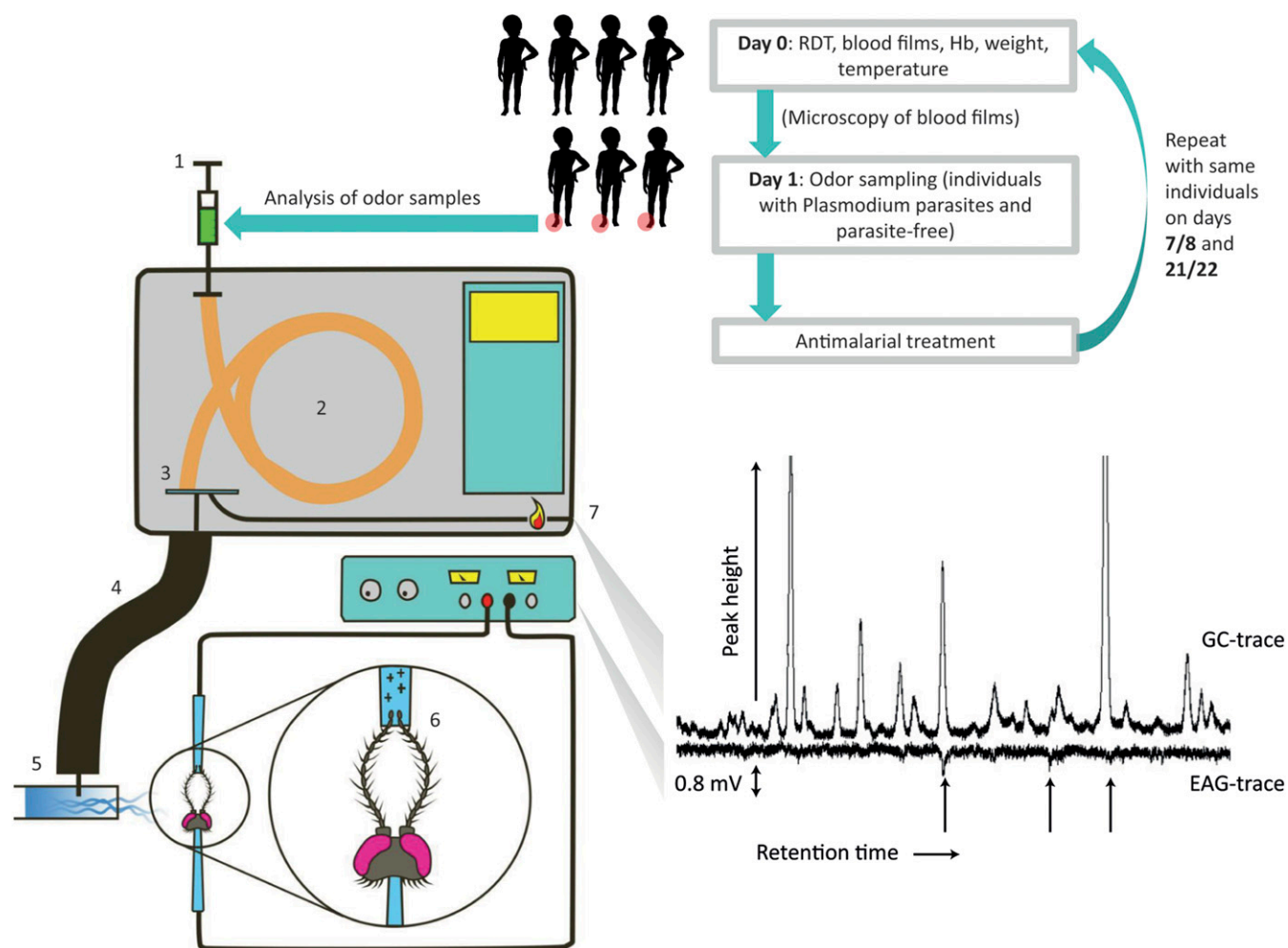
**Attractiveness and *Plasmodium* Infection.** We measured the behavioral response of *Anopheles gambiae sensu stricto* (*s.s.*) to the foot odor of 5- to 12-y-old schoolchildren at two sampling time points, to assess whether *Plasmodium* infection changes the attractiveness of human hosts to mosquitoes. At time point one (T1; Fig. 1), foot odor of asymptomatic *Plasmodium falciparum*-infected and uninfected children was collected on socks for 20 h. For infected individuals, this occurred immediately after administration of the first dose of treatment with the antimalarial artemether-lumefantrine (AL), which is known to allow residual parasitemia during this time period (22). Odor samples were collected in the same manner from the same children 21 d later, following confirmed parasite clearance (T2; Fig. 1). Odor samples from participants with malaria parasites were categorized by those who harbored transmissible gametocyte stages [microscopy positive and/or >50 gametocytes per microliter by the molecular diagnostic quantitative nucleic acid sequence-based amplification (QT-NASBA), which detects female gametocyte *Pfs25* mRNA,  $n = 23$ ] or those with asexual stage parasites (microscopy negative for gametocytes and/or QT-NASBA gametocytes <50 per microliter,  $n = 10$ ). Samples were considered parasite-free ( $n = 12$ ) when no parasites were detected by microscopy and 18S quantitative PCR (qPCR) (23). *An. gambiae s.s.* mosquitoes were offered the choice of either T1 or T2 odor samples from the same child, in a dual-choice cage assay (Fig. S1). The proportion of mosquitoes choosing the odors collected from children at T1 was significantly affected by parasitological status [generalized linear model (GLM), F test,  $P < 0.001$ ]. Mosquitoes were more attracted to odors collected at T1 from children harboring asexual or gametocyte-stage parasites relative to T2 odor samples [GLM, 95% confidence intervals (95 CI) 0.55–0.62 and 0.59–0.63, respectively; Fig. 1]. Across both groups, the ratio of attraction to “infected” (asexual or gametocyte carriers) vs. “parasite-free” odor was 0.6 to 0.4. Mosquitoes did not differentiate between T1 and T2 odor samples from parasite-free children, indicating that the difference observed between T1 and T2 odor was not an effect of sampling time point (GLM, 95 CI: 0.48–0.54; Fig. 1). This effect was independent of age, sex, tympanic (in-ear) temperature,

or hemoglobin level at T1. These results indicate that infection with microscopically observable densities of either asexual-stage parasites [median, 1,340 (interquartile range; IQR: 480–2,720) parasites per microliter (p/μL)] or gametocytes [median, 80 (IQR: 40–680) p/μL] is associated with changes in odor profile that increase attraction to mosquitoes. This finding supports previous studies that demonstrate the heightened attractiveness of infected hosts, although here, by offering foot odor alone, we preclude the influence of other factors including breath. We did not observe the gametocyte-specific effect that was described (7–9), although we cannot rule out the possibility that low densities of gametocytes in some “asexual” participants contributed to their increased attractiveness. To determine which chemicals in body odor are responsible for the observed differences in attractiveness, we repeat-sampled 56 *Plasmodium*-infected and parasite-free children from the same locality, using air entrainment to collect foot odor samples onto polymeric filters for further analysis.

**Antennal Response to Malaria Odor.** We analyzed air entrainment odor extracts using coupled gas chromatography-electroantennography (GC-EAG) (15). A change in the electric potential across the antenna resulting from stimulated neuropsychological activity (i.e., the EAG response) is caused during olfactory nerve cell response. This allows detection of compounds to which the mosquitoes are potentially behaviorally active (Fig. 2). Point-of-care malaria diagnostics [rapid diagnostic test (RDT) and microscopy], used to inform odor sampling from asymptomatic individuals, were retrospectively confirmed by using molecular diagnostics. Infected children were treated after odor sampling, and repeat sampling of all individuals was attempted 1 and 3 wk later alongside repeat parasitological diagnoses (Fig. 2). Odor samples from individuals harboring similar *Plasmodium* parasite stages or densities were extracted into solvent and mixed to create blends of “average” odor with the following infection profiles: (i) *Plasmodium* infection, no gametocytes; (ii) *Plasmodium* infection, high-density gametocytes; and (iii) parasite-free individuals (Table S1). A further group, (iv) *Plasmodium* infection, submicroscopic gametocytes, was included due to the frequency of submicroscopic gametocytemia in endemic infections. *P. falciparum* gametocyte densities were determined by *Pfs25* mRNA QT-NASBA, while 18S qPCR and duplex qPCR were used to determine *P. falciparum* and *Plasmodium* densities, respectively. Twenty-two analytes (Table S2) were found to elicit antennal response in *Anopheles coluzzii* (formerly the M-form of *An. gambiae s.s.* Giles), including the aldehydes heptanal, octanal, and nonanal. No EAG-active analytes were specific to any of the infection



**Fig. 1.** Effect of parasitological status on *An. gambiae s.s.* preference for body odor sampled at two time points, one during *Plasmodium* infection (T1) and the other following parasite clearance (T2). Blue bars represent attraction to odor from parasite-free samples, and orange bars represent attraction to odor samples from individuals with parasites. Groups of 10 mosquitoes were given a choice between socks worn by each participant at both T1 and T2, in a dual-choice cage assay, with the number of mosquitoes that chose the T1 or T2 odor sample being summed over six replicates per participant. Participants were grouped into those with gametocytes by microscopy or QT-NASBA (at >50 gametocytes per microliter) ( $n = 23$ ), those with asexual stages only by microscopy ( $n = 10$ ), or parasite-free ( $n = 12$ ). Of those with asexual parasites, three had submicroscopic gametocytes (1–34.9 gametocytes per microliter of blood), and three were not tested. Predicted mean proportions from the GLM are plotted with 95 CI. \* $P < 0.05$ . (GLM included infection status only as predictor of proportion of mosquitoes attracted to T1 odor samples.)



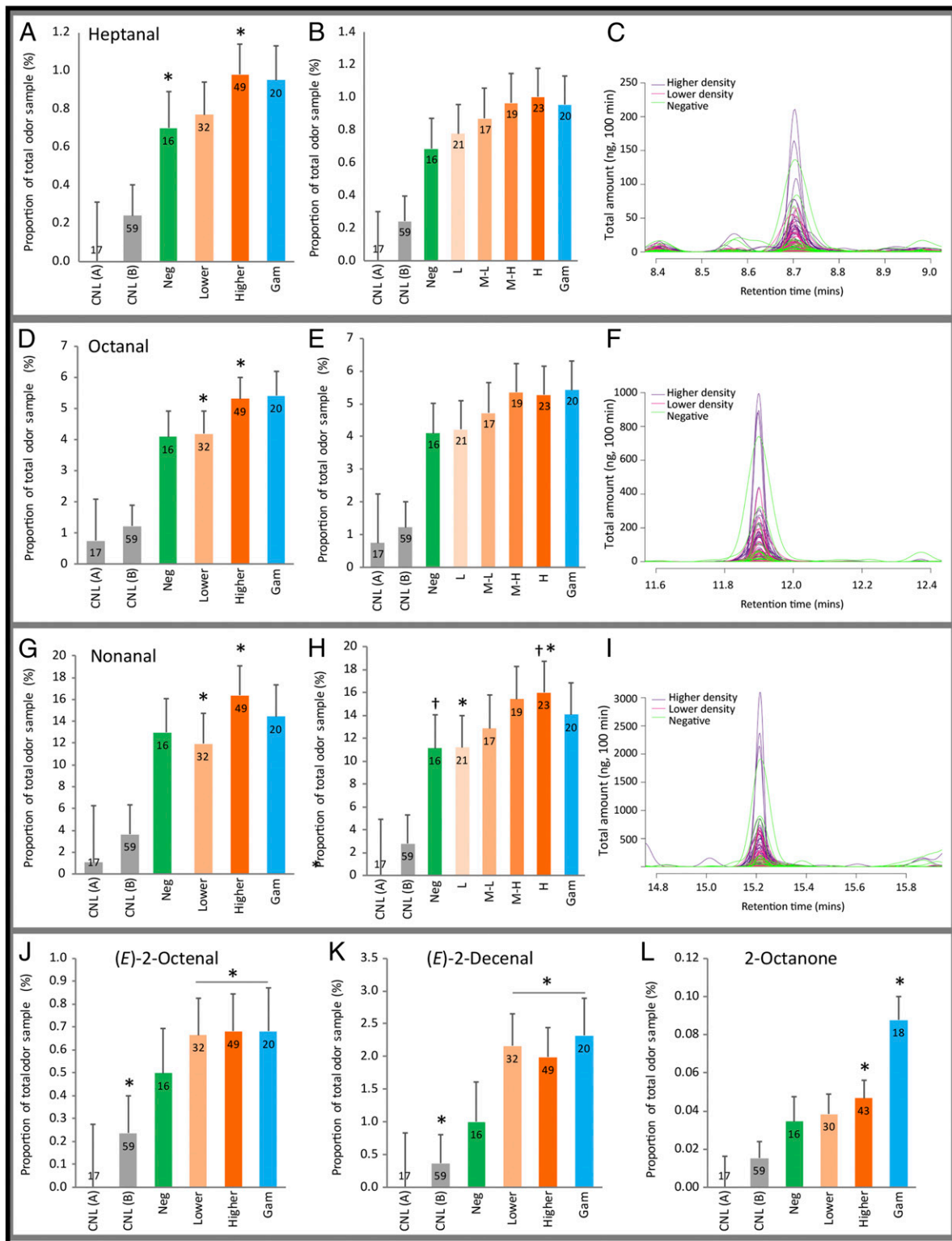
**Fig. 2.** Schematic of protocol (Upper) for odor sampling by air entrainment from *Plasmodium*-infected individuals, for use in GC-EAG analysis (Lower; here with *An. coluzzii*) and direct GC analysis of entire odor profile. Children were recruited for odor sampling in groups of three to represent parasite-free, asexual parasite carriers, and gametocyte carriers, if parasite prevalence allowed. Following malaria diagnosis by point-of-care methods and odor sampling, malarious individuals were treated, and the same cohort was resampled on days 8 and 22. Whole blood samples were also taken for retrospective molecular analysis. During GC-EAG, odor samples are injected by syringe at the inlet directly into the column (1), where they are vaporized, and carried through the column by the carrier gas (here, hydrogen) (2). During passage through the (50 m) HP1 column, constituents of the sample are separated by GC, and analytes are split as they elute from the column (3). A proportion is directed, via a heated transfer line (4), into a humidified, purified, airflow (5), which is then directed over the insect antennae (6), simultaneously to the proportion that is detected by a flame ionization detector on the GC (7). GC analytes are represented by peaks (GC trace), while antennal response by nerve cell depolarization causes a perturbation in the electroantennographic detection (EAG trace), indicating entomologically significant analytes. Image courtesy of Iain Robinson ([iain-robinson.com](http://iain-robinson.com)).

profiles (*i–iv*), indicating that any *Plasmodium*-induced change in the compounds used by host-seeking *Anopheles* must occur by variation in the relative amounts of compounds that are present in parasite-free individuals.

***Plasmodium* IACs.** To investigate whether *Plasmodium* infection indeed results in quantitative changes in the production of volatile compounds, we compared the profiles of 117 foot and 59 control (empty entrainment bag) odor samples. A total of 56 individuals participated in air entrainment odor sampling (Fig. 2); however, not all individuals were available at follow-up time points. Foot odor samples from *Plasmodium*-infected individuals were categorized by infection status: those from individuals with “higher” (>50 p/μL, which approximates the microscopy limit of detection) and “lower” (<50 p/μL) density infections and those from individuals harboring microscopic gametocytes (“total density” categorization). As the prevalence of non-*P. falciparum* infections was low [5.05% (*n* = 5) and 3.96% (*n* = 4) for *P. malariae* and *P. ovale* spp., respectively, at

day 0, and eight of nine had concurrent *P. falciparum* parasites], we did not separate samples from individuals with non-*falciparum* infections. Our analysis revealed increases in the production of the aldehydes heptanal, octanal, nonanal, (*E*)-2-octenal, and (*E*)-2-decenal by infected individuals. Increases were broadly associated with infections of high parasite density, relative to either low density or production by parasite-free individuals. High-density infections were also correlated with the presence of gametocytes in this dataset (Fig. S2C). Heptanal was produced in significantly greater amounts by individuals with higher parasite densities (>50 p/μL) relative to parasite-free individuals [residual maximum likelihood (REML), least significant difference (LSD), 5%; Fig. 3 A and C]. Octanal and nonanal were produced in significantly greater amounts by individuals with higher-density, relative to those with lower-density (<50 p/μL), infections (REML, LSD, 5%; Fig. 3 D, F, G, and I). To investigate further this seemingly density-dependent effect, we divided the higher- and lower-density individuals into quartiles, representing “low,” “medium-low,” “medium-high,” and “high” density. We observed



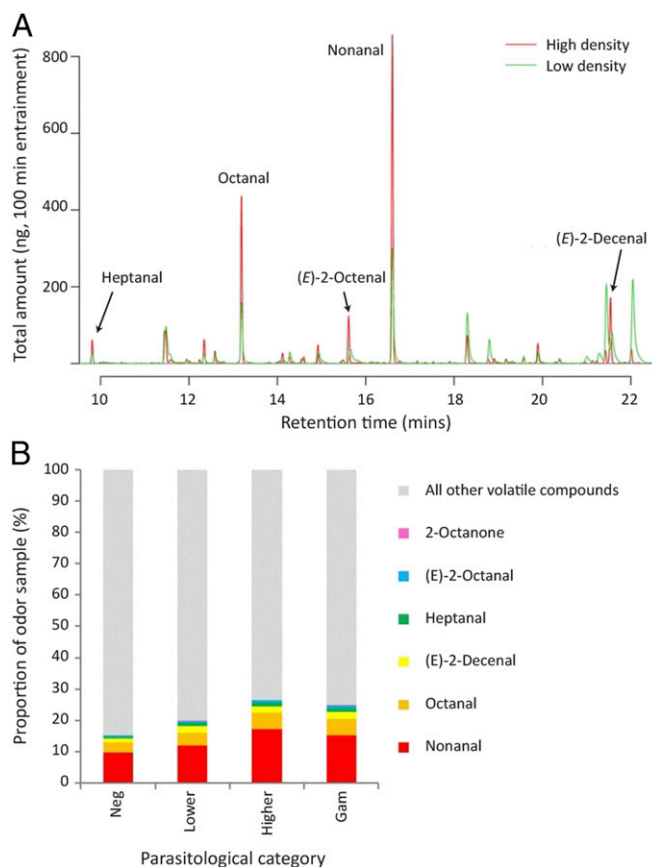


**Fig. 3.** Amount of IACs produced by individuals of differing parasitological status. (A–C) Heptanal, (D–F) octanal, (G–I) nonanal, (J) (E)-2-octenal, (K) (E)-2-decenal, (L) 2-octanone production (relative to all compounds in odor sample) per group (100-min odor profile sampling). Predicted means (+SE) are given by linear mixed modeling (REML). See Table S3 for details of the models and Table S4 for SE of the difference (SED) values for comparison of predicted means. Sample size is in bar ends. \*<sup>†</sup>*P* < 0.05 (significant pairwise difference in mean amount between two groups indicated, tested by LSD). A, D, G, J, K, and L, total density categorization: Gam, microscopic gametocytes; Neg, negative; lower and higher refer to parasite densities of lesser or greater than 50 p/μL. (B, E, and H) Quartile categorization. Neg and Gam are defined as before. L, low, mean/median parasite density 0.38/0.3, *n* = 21; M-L, medium-low, mean/median parasite density 16.77/8.3, *n* = 17; M-H, medium-high, mean/median parasite density 296.60/214.18, *n* = 19; H, high, mean/median parasite density 102,669.46/13,304.54, *n* = 23. For bar charts CNL(A), solvent control; CNL(B), empty bag control. C–I show raw GC output for heptanal, octanal, and nonanal. Individual traces represent odor samples, colored according to the parasitological status of the individual from whom the odor sample was taken, Higher-density, lower-density, and negative definitions are as described above. Gametocyte carriers are excluded for clarity, as compound production spanned higher and lower parasite density groups.

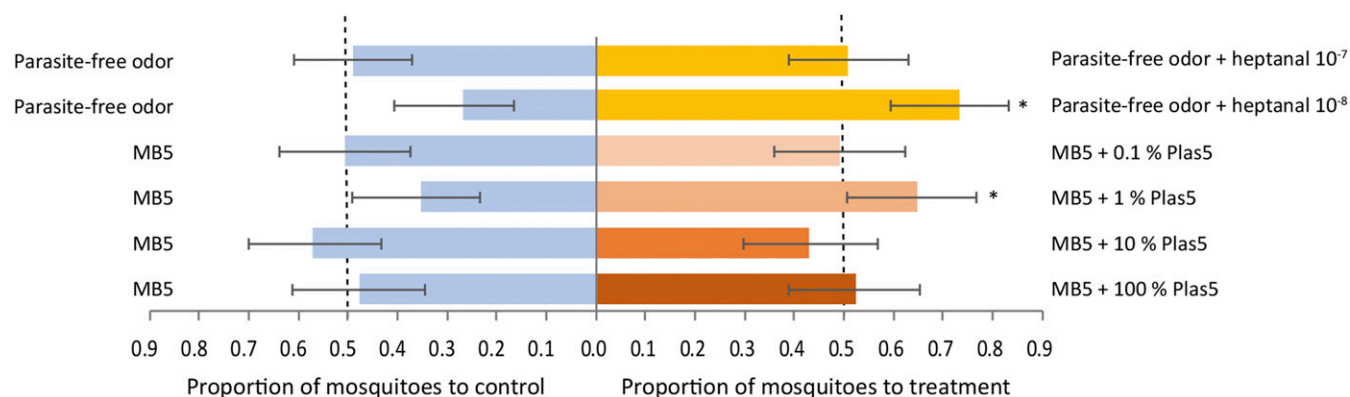
a clear correlation between increased production of heptanal, octanal, and nonanal and increased parasite density (Fig. 3 B, E, and H). The difference in production of nonanal between low, or negative, and high individuals was significant (REML, LSD, 5%; Fig. 3H and Table S3). Relative to parasite-free individuals, there was a trend for all *Plasmodium* parasite-positive individuals to produce more of the unsaturated aldehydes (*E*)-2-octenal and (*E*)-2-decenal (Fig. 3 J and K), and for the latter, this difference was significant if individuals were categorized simply as *Plasmodium*-positive or parasite-free (REML, “positive vs. negative” categories, LSD 5%; Table S3). It is well-established that aldehydes are among the many volatiles that constitute human skin odor (24–26), where they are frequently cited as being predominant (27). Additionally, the ketone 2-octanone was found to be associated with the presence of microscopic gametocytes (REML, LSD, 5%; Fig. 3L). Again, ketones are known volatiles of human skin. For all IACs, we found a quantitative relationship: The majority of individuals produced these compounds, but the quantity produced increased with *Plasmodium* infection. An average of 177 (SE 5.23) analytes were captured per sample, and the IACs were disproportionately abundantly produced (Fig. 4), comprising on average 22.92% of the total odor profile across all 117 samples. When production was ranked relative to all other compounds sampled, nonanal had a median rank of one, octanal

two, and heptanal five. While specific IACs were produced in greater amounts by individuals harboring parasites, an overall increase in volatile emissions from infected persons was not observed (REML, LSD, 5%; Fig. S3), contrary to findings in the mouse or CHMI system (6, 21). Among the IACs, the antennal response, observed by GC-EAG to heptanal, octanal, and nonanal, suggests that changes in the production of these compounds could affect mosquito behavior.

**Mosquito Response to IAC.** To determine whether the IACs were attractive to mosquitoes, and therefore likely to be responsible for the increased attractiveness observed in infected individuals, we tested all six IACs [heptanal, octanal, nonanal, (*E*)-2-decenal, (*E*)-2-octenal, and 2-octanone] in behavioral bioassays with *An. coluzzii*. We tested for a behavioral response toward the latter three compounds because of their positive association with the presence of parasites in the bloodstream (Fig. 3), despite a lack of antennal response in *An. coluzzii* (Table S2). First, the odor of parasite-free children (worn socks) was supplemented with the IAC individually and tested at a minimum of two concentrations each. Of these, adding 10  $\mu$ L of heptanal at a concentration of  $10^{-8}$  g/mL to parasite-free odor significantly increased attractiveness, relative to parasite-free odor alone (GLM, 95 CI: 0.60–0.84; Fig. 5), while heptanal at a concentration of  $10^{-7}$  g/mL had no effect. The attractive concentration is  $\sim 1/10$ th of the additional heptanal isolated in odor samples from individuals with higher-density *Plasmodium* infections, relative to negative individuals, over the corresponding time period. This suggests that elevated emission of heptanal, at specific concentrations, by parasitemic children could contribute to their increased attractiveness to mosquitoes. Supplementing with octanal, nonanal, (*E*)-2-decenal, (*E*)-2-octenal, or 2-octanone alone did not induce altered behavioral responses, despite the EAG activity observed in response to octanal and nonanal (Fig. S4). We then tested whether the addition of heptanal to a current best-practice synthetic mosquito lure, MB5 [comprising ammonia, L-(+)-lactic acid, tetradecanoic acid, 3-methyl-1-butanol, and butan-1-amine (28)], might further increase attractiveness to mosquitoes. However, MB5 supplemented with heptanal was equally attractive as control MB5, at three concentrations (Fig. S4). This suggests that the attractiveness of heptanal observed with parasite-free odor was dependent on synergism with other volatile compounds naturally present, but absent from the synthetic MB5 blend. Because odor detection and response are highly contextual, this was not an unexpected outcome. To investigate further the behavioral role of IACs, but allowing for such synergistic effects between these compounds, we tested two blends with MB5: Plas 5 contained the aldehydes found to be associated with increased total parasite density [heptanal, octanal, nonanal, (*E*)-2-octenal, and (*E*)-2-decenal], and Plas 6 additionally contained the ketone 2-octanone that was associated specifically with gametocytes. Each was tested at four concentrations. The Plas 5 blend enhanced attractiveness of MB5 (1% concentration, GLM, 95 CI: 0.51–0.77; Fig. 5). However, the Plas 6 blend was not found to increase attractiveness of MB5 at any concentration (Fig. S4), which suggests that the gametocyte-associated 2-octanone moderated the attractiveness of the Plas 5 aldehydes. Given the presence of small amounts of 2-octanone in parasite-free odor, however (Fig. 3I), which increases in attractiveness on addition of heptanal (Fig. 5), it appeared that this repellency of 2-octanone is not observed in the context of natural human odor. In previous studies describing the increased attraction of gametocyte carriers, the odor tested included both body and breath (7, 9), leaving open the possibility that the gametocyte-specific attraction may have originated in the breath. Indeed, “malaria-associated” volatile compounds have been identified in the breath, whose production varied cyclically according to *P. falciparum* parasitemia, although no investigation of the mosquito response to those compounds was undertaken (29). Our behavioral tests showed



**Fig. 4.** Comparison of odor profiles from parasite-free individuals vs. those harboring bloodstream parasites. (A) Representative GC traces from an individual with a high-density infection ( $>50$  p $\mu$ L blood) and low-density infection ( $<50$  p $\mu$ L blood). Compounds found to be associated with infection (other than 2-octanone; not visible due to very small amounts) are annotated. (B) The proportion (percent) that IAC contributed toward the entire odor profile, grouped by parasitological category (total density categories). The average number of non-IAC per group (i.e., all other volatile compounds; gray bar) was 171.27 (SE = 5.23) across all groups.



**Fig. 5.** *An. coluzzii* responses in a dual-port olfactometer to heptanal and a blend of five infection-associated aldehydes, Plas 5. Heptanal (10  $\mu$ L) at two concentrations (g/mL) was presented with (yellow bars) and tested against (blue bars) odor (socks) from parasite-free study participants (5- to 12-y-old Kenyan children) over eight replicates. Plas 5 [heptanal, octanal, nonanal, (*E*)-2-octenal, and (*E*)-2-decenal] at four concentrations (10  $\mu$ L of 100% approximating the amounts found in the foot odor samples) was presented with (orange bars) and tested against (blue bars) the synthetic lure MB5 [ammonia, L-(+)-lactic acid, tetradecanoic acid, 3-methyl-1-butanol, and butan-1-amine] over 10/11 replicates. Each replicate tested 30 mosquitoes. Predicted mean proportions and 95 CI are presented, from two separate GLMs (for heptanal and Plas 5 assays), assuming a binomial distribution and using a logit link function. \* $P < 0.05$ . (See Table S6 for details of the GLMs.)

that supplementing parasite-free odor with heptanal increased attractiveness to mosquitoes. However, heptanal alone did not increase the attractiveness of a basic synthetic lure, while a blend of infection-associated aldehydes including heptanal (Plas 5) was attractive. Therefore, in both instances, the increased attraction was dependent on additive effects among the infection-associated aldehydes, which are naturally present in parasite-free odor at lower concentrations (Fig. 3).

## Discussion

Aldehydes are found in the skin odor of various mammalian species (30) and have been determined to be among the chemicals used by hematophagous insects for host location (31). These oxygenated compounds can be synthesized when reactive oxygen species attack lipid-dense membrane structures (32), i.e., lipid peroxidation, caused by oxidative stress. Oxidative stress is known to characterize malaria infection (33), occurring in the erythrocytes and liver. Alternatively, or additionally, the aldehydes found here may have been produced directly by *Plasmodium* parasites: A recent publication found the aldehydes octanal, nonanal, and decanal to be among volatile compounds emitted by red blood cell (RBC) cultures that had been supplemented by (*E*)-4-hydroxy-3-methyl-but-2-enyl pyrophosphate (HMBPP) (34). HMBPP is a precursor in the 2-C-methyl-D-erythritol 4-phosphate (MEP) pathway, apparently used by *Plasmodium* for isoprenoid production, and it was suggested that HMBPP triggered enhanced release of these compounds from infected RBCs, with a subsequent impact on mosquito attraction. Additionally, terpenes were isolated from HMBPP RBCs, and another study also isolated terpenes above *Plasmodium*-infected RBC cultures (35). Although the MEP pathway is a possible source of terpenes via isoprenoid production in infected RBCs (iRBCs) (35), the source of terpenes in HMBPP RBCs remains unknown (34). We did not find an association between *Plasmodium* infection and the emission of terpenes from the skin, corroborating earlier findings in *Plasmodium*-infected mice (6). It should be emphasized that laboratory-based studies of the volatile compounds isolated above iRBC cultures do not characterize the human body odor used by mosquitoes during host location. As such, they do not fully capture the complex biological and biochemical host-parasite interactions that occur in natural *Plasmodium* infections. In our study, the production of aldehydes was increased in individuals with *Plasmodium* infection. The extent to which parasite-specific release of aldehydes from

iRBCs would contribute to a profound and systemic increase in aldehyde production, caused by malaria-induced oxidative stress, remains unexplored. Finally, it is important to note that while the lipid peroxidation pathway for aldehyde production is well-established, the skin microbiota is also known to produce aldehydes. This is particularly relevant to our study, as odor samples were taken from the feet. Feet harbor skin microflora that produce volatiles that are attractive to mosquitoes (36), and differences in microflora have been associated with differences in attractiveness (16).

We demonstrated that elevated production of specific aldehydes in skin odor is associated with increased attractiveness to mosquitoes in *Plasmodium*-infected people. Our findings are in accordance with the “deceptive signaling” hypothesis, whereby host cues already used by host-seeking insects are exaggerated, increasing the attractiveness of that vertebrate to biting insects, but when the blood-meal is in fact unfavorable to the insect (37). If the disadvantages [e.g., reductions in fecundity (38–40) or shortened lifespan (41–43)] of taking an infected blood-meal outweigh any advantages [e.g., reduced host defenses (2) or faster engorgement (44)], the evolution of an infected-host avoidance phenotype might be expected. *Anopheles* may less easily select against an infected-host phenotype comprising “normal” stimuli. It is possible that the observed changes to skin odor are specific to *P. falciparum*, which constituted the majority of infections in the cohorts that we studied. In similar studies of mosquito attraction, increases are often associated with the chronic phase of malaria and/or increased density of blood-stream gametocytes (2, 5–9). We found that odor from all *P. falciparum*-infected individuals was more attractive than that of parasite-free individuals, and the increased production of IACs was correlated with total parasite density. Although it is possible that gametocytes at densities below the detection limit of our assay (45) contributed to the attractiveness of individuals with asexual malaria parasites, the greatest production of IACs did not correlate with gametocyte density. The association between *P. falciparum* asexual parasite biomass and gametocyte density is generally positive (46–48), and we also observed this in our study. Thus, our findings are in broad agreement with studies that observed an increase in attractiveness related to the presence of gametocytes (2, 5–9) or general malaria infection (4).

The compounds we observed to be associated with infection could be derived from malaria-induced oxidative stress. Although there is in vitro evidence that suggests both octanal and



nonanal could be produced by RBCs via interactions with components of the isoprenoid production pathway (34), found in *Plasmodium* parasites, both this and the oxidative stress mechanism would result in the observed correlation between increased parasite density and increased compound production. More generally, this correlation would be observed if IACs were the by-product of any sequelae of *Plasmodium* infection, with the resulting influence on mosquito behavior a coincidental benefit to the parasite. This raises the question of whether the IACs found in our study are specific to *Plasmodium* infection or could be a general “scent of infection.” Indeed, increased aldehydes have been found to signify the presence of other diseases (32, 49, 50). However, our data do indicate that the observed increase in these IACs is specific to *Plasmodium* infection, because a general scent of infection might have been expected in malaria parasite-free children who harbored other infectious organisms, and as such there would have been no observed difference in IAC production between the uninfected and infected children in this study. For example, *Schistosoma mansoni* was recently found in 51% of 9- to 12-y-old children in the neighboring Asembo District (51) and was likely present in individuals in our malaria parasite-free cohort. To date, only one study on the effects of *Plasmodium* infection on volatile emission in humans included a control group of bacteria-infected participants, and they found that increased levels of thioethers in human breath were indeed malaria-specific (29). Nevertheless, an important follow-up to our study would be to examine skin odor profiles, and behavioral responses of mosquitoes toward these, of individuals affected by other diseases thought to be characterized by similar emissions but not vectored by an insect.

Although it is not possible to infer from this study whether the increased production of IACs is under the control of malaria parasites, it could be argued that if the parasites indirectly stimulated compound production (e.g., via triggering oxidative stress), the parasite genes underlying this stimulation would be selected for via enhanced transmission. However, a mutation benefitting transmission may be costly to the parasite and would therefore only be selected if the trade-off resulted in a net increase in transmission. Further studies that explore the relative costs and benefits of manipulation to the parasite, for example, through modeling (52), are merited. The implications of identifying IACs, with their demonstrated impact on mosquito behavior, are far-reaching: We better understand parasite–vector–host transmission events and their overdispersed nature in human populations. These compounds may permit further improvement of already highly functional lures for trapping malaria mosquitoes or even serve as biomarkers for malaria, providing a basis for novel and noninvasive diagnostic tools.

## Materials and Methods

**Ethics.** Study participants were 5- to 12-y-old children local to the Thomas Odhiambo Campus of *icipe* in Western Kenya (0°25'48.1"S, 34°12'24.5"E), including Rusinga Island, in Suba District, Homa Bay County. Participants were recruited after obtaining signed consent. The study protocol (NON SSC 389) was approved by the Scientific and Ethical Review Committee of the Kenya Medical Research Institute (KEMRI/RES/7/3/1). Subsequent analyses were conducted at the London School of Hygiene and Tropical Medicine (LSHTM) (ethics reference 8510).

**Attractiveness of “Infected Odor” (Socks) by Cage Assays.** A cohort of *Plasmodium*-infected, asymptomatic (tympanic temperature <37.5 °C) individuals that participated in an olfactometer study (9) was studied for the attractiveness of their skin odor to *An. gambiae* s.s. Forty-five children were included, of which there were 23 with microscopic gametocytes or an estimated gametocyte density of >50 gametocytes per microliter of blood by QT-NASBA, 10 positive for asexual parasites but not gametocytes by microscopy, and 12 that tested *Plasmodium*-parasite free by 18S-qPCR (23). Samples were collected at two time points: within 24 h of antimalarial treatment but while children still harbored parasites (22) (T1 samples) and

21 d later (T2 samples). Antimalarial treatment with AL was administered to *Plasmodium*-positive individuals according to manufacturer’s instructions (20 mg of artemether/120 mg of lumefantrine per tablet; Coartem; Novartis), and socks were put on within 1 h of treatment. Age, hemoglobin (Hb), weight, and temperature were measured as covariates (9). At day 21 (“after”), both parasitological testing and participant covariate measurements were repeated.

**Procedures for collection of body odor.** Body odors were collected for 20 h on nylon socks (97% polyamide, 3% elastane, 20 denier; Hema), which were washed by using 70% ethanol and dried at 70 °C for 2 h before use. Surgical gloves were worn throughout collection procedures. Children were assisted in putting on and removing the socks. These were stored in clean glass jars at –20 °C until use in cage assay experiments. Children were asked not to bathe during this time, but had no other behavioral restrictions.

**Behavioral assays for attractiveness of odor samples.** A dual-choice cage assay was modified (53) to determine the relative attractiveness of odor samples from T1 and T2. Three World Health Organization bioassay tubes (12.5 cm long, 5 cm wide) (54) were connected with sliding units between the inner and outer tubes (Fig. S1). Mosquito cages (15 × 15 × 15 cm) were wrapped with transparent kitchen cling-film (Chandaria Industries Ltd.) to prevent movement of volatiles between different assays running in parallel. The outer tubes were inserted 6 cm into the cages. Per individual, T1 and T2 samples (sock pairs) were placed in opposing cages, with the feet cut off to remove environmental soiling.

Six-to 8-d-old, non-blood-fed, female *An. gambiae* s.s. mosquitoes [Mbira strain, with published rearing methods (55)] were collected before the experiment and allowed 8 h acclimatization. Ten mosquitoes were released into the central tube per bioassay, and the gates of the tubes were opened for 15 min to allow mosquitoes to make a choice of odor source. Experiments were conducted between 18:30 and 22:30 under ambient conditions, in a red fluorescent-lit room (average temperature, 24.1 °C) with the dual cage covered by black cotton cloth. After 15 min, mosquito choice was recorded. All sock pairs were tested simultaneously on the same nights, and in total, each pair (child) was tested six times, replicating over experimental nights, dual cage set-ups, and between cages. All disposable equipment was changed, and cages were cleaned (70% ethanol), between experiments/replicates.

**Statistical analysis.** Per child, the number of mosquitoes that chose the T1 or T2 odor sample was summed over six replicates, and the relative attractiveness of samples was determined as the proportion of mosquitoes that selected a sample over the total number of mosquitoes that made a choice. A GLM (binomial distribution, logit link function, and dispersion estimated) was used to test the effect of parasitological status (parasite-free, asexual, or gametocytes) on the relative attractiveness. The number of mosquitoes caught in the cage with the T1 sample was used as the response variable and all mosquitoes caught in both cages as the binomial total. Covariates associated with participants (age, sex, Hb, and tympanic temperature measured at T1) were tested, but removed from the model because they were not significant ( $P > 0.05$ , F tests). Per parasitological group, we used the 95 CI of the predicted proportion of mosquitoes choosing T1 odor samples, derived from the GLM, to assess whether mosquito choice differed significantly from a 50:50 distribution over the two odor samples. SPSS (2016; Version 24; IBM) was used for the analyses.

## Collection of Volatile Odor Samples.

**Sampling procedure.** In the same locality, a separate cohort of schoolchildren, of varying *Plasmodium* infection status, were sampled for foot odor (Fig. 2, Upper). On day 0, 20 children for whom the parent or guardian had given full consent were tested for their malaria status by RDT and microscopy. Tympanic temperature, age, weight, and Hb levels were recorded. Symptomatic children and/or those with a temperature >37.5 °C with RDT positivity were treated with AL (as described above) and excluded from the study. Overnight, microscopy was conducted, and three children were selected for odor sampling, with the intention to sample one child with asexual parasites, one with gametocyte stages, and one with no parasites. On day 1, odor sampling was conducted by air entrainment, after which all malarious children were treated. Days 0 and 1 constituted round one (R1), and the same procedures were conducted at days 7 and 8 (R2) and days 21 and 22 (R3), with the intention to repeat-sample the same children at two points posttreatment (Fig. 2). R1–R3 were repeated for 6 mo between January and June 2014. In this way, 56 children were repeat-sampled, but a total of 117 odor samples and 59 accompanying empty bag control samples was achieved, due to loss-to-follow-up.

**Air entrainment.** For each child, one foot was placed in a prepared bag (Fresh and Eazy oven bags, 45 × 50 cm; Meda-Pak), clipped shut around the calf. At each sampling round (R1–R3), a control (empty) bag was tightly closed and sampled in the same manner. Bags were fitted with Swagelok fittings at



opposing corners, allowing connection to polytetrafluoroethylene (PTFE) tubing for airflow. Air (charcoal-filtered) was pumped into the top of the bag and vacuumed from the bottom (both at 500 mL/min), with a 30-min purge before fitting the polymer filters, to ensure system cleanliness. Porapak filters were connected (Porapak Q, mesh size 50/80; Supelco Analytical) and sampled for 100 min, then stored in stoppered glass vials in a cool box before sealing under filtered nitrogen on the same day. Ampoules were stored at  $-20^{\circ}\text{C}$  until shipping to LSHTM. Before use, all PTFE tubing, Swagelok fittings, and glassware were cleaned with 70% ethanol, then baked in an oven at  $150^{\circ}\text{C}$  for 2 h. Sampling bags and charcoal filters were baked in the same manner. Cotton gloves were worn by the investigators throughout.

**Infection status.** Odor sampling was informed by RDT [One Step malaria HRPI and pLDH antigen rapid test (SD BIOLINE, catalog no. 05FK60)], performed as per manufacturer's guidelines, and thick and thin blood films were made by using peripheral blood from a finger prick. Whole blood (50  $\mu\text{L}$ ) was stored in RNAprotect (250  $\mu\text{L}$ ; QIAGEN). Retrospectively, DNA/RNA extraction was performed by using a Total Nucleic Acid Isolation Kit [with methods as published (56)], and *P. falciparum* parasite density and stage V gametocyte density were determined by 18S qPCR (23) and QT-NASBA (57). Additionally, dried blood stored on both Whatman No. 3 filter paper [Whatman (wDBS)] and used RDTs [air-dried and stored in sealed plastic bags containing the desiccant silica gel (uRDT)] was used as a DNA template. DNA was extracted from circles (3 mm) punched from the wDBS, and sections ( $3 \times 2$  mm) were cut from the central section of the nitrocellulose strips in the uRDTs (58). Extraction was performed in a deep well plate by using an automated extraction system (QIASymphony), with the QIASymphony DSP DNA mini kit (QIAGEN) according to the manufacturer's instructions, and a *Plasmodium* tRNA methionine-based duplex qPCR was used to measure *Plasmodium* density (22). Good correlation in parasite density was obtained between duplex qPCR by using wDBS or uRDT whole blood template. Where available, the same DNA extracts were used for species-specific (*P. falciparum*, *P. ovale* spp., and *P. malariae*) nested PCR (59), with some *P. ovale* spp. identifications confirmed by the *P. ovale* spp. tryptophan-rich antigen (PoTRA) assay (60).

#### GC-EAG of Pooled Odor Samples.

**GC-EAG odor sample blends.** Porapak filters were eluted by using redistilled diethyl ether (750  $\mu\text{L}$ ), and, to approximate an "average" odor per category, extracts were pooled according to the individual's parasitological status: (i) *Plasmodium* infection, no gametocytes; (ii) high-density *P. falciparum* gametocytes; (iii) parasite-free individuals; or (iv) *Plasmodium* infection, sub-microscopic *P. falciparum* gametocytes (Table S1). Aliquots (400  $\mu\text{L}$ ) of extracts were mixed, then concentrated (to 60  $\mu\text{L}$ ) under a stream of nitrogen (charcoal-filtered). Glassware, charcoal filters, and PTFE tubing were cleaned as before.

**Experimental set-up.** GC-EAG was conducted during the scotophase, using 4- to 8-d-old, unfed female *An. coluzzii* [N'gouso strain (61)]. Adults were maintained at 70% relative humidity (RH), with a 12-h light/dark cycle (scotophase 09:00–21:00) and access to 50% glucose solution. The order of testing blends was determined by a  $5 \times 5$  Latin square (including control blend). The mosquito head was dissected, and the palps, proboscis, and half of the terminal (13th) antennal flagellomere were cut off. The indifferent electrode was inserted into the back of the head, and the antennal tips were guided into the recording electrode to complete the circuit (Fig. 2). Electrodes were hand-pulled glass tips inserted over silver wire (diameter 0.37 mm; Harvard Apparatus) and filled with Ringers' solution (15). GC was performed on a 7890A machine (Agilent Technologies) with the following program: oven temperature maintained at  $40^{\circ}\text{C}$  for 0.5 min, increased by  $10^{\circ}\text{C}$  per min to  $230^{\circ}\text{C}$ , then held for 20 min. Blends were injected at 4  $\mu\text{L}$ , and the eluate was split to the flame ionization detector (FID) and EAG interface at a ratio of 1:1. At the EAG interface, the eluate passed from the heated splitter column to a stream of charcoal-filtered, humidified air (flow rate 400 mL/min). This airflow was directed over the antenna at a distance of 5 mm. The signal was amplified 10,000 $\times$  by the Intelligent Data Acquisition Controller-4, and signals were analyzed by using EAD 2000 software (both Syntech). Responses were signified by a depolarization of sufficient amplitude. Peaks that elicited responses in more than three of the six/seven total repetitions were considered to be EAG-active.

**Analysis of Odor Profiles by GC.** Instruments used for GC analysis were 7890A, 6890N, and HP6890 (Agilent Technologies). Each was fitted with a cool-on-column injector, FID, and used hydrogen carrier gas, and 1- $\mu\text{L}$  injections were performed. All were fitted with an HP1 column, 50 m  $\times$  0.32 mm, film thickness 0.52  $\mu\text{m}$ , and the following program was used: oven temperature

maintained at  $40^{\circ}\text{C}$  for 0.5 min, increased by  $5^{\circ}\text{C}$  per min to  $150^{\circ}\text{C}$ , held for 0.1 min, raised by  $10^{\circ}\text{C}$  per min to  $230^{\circ}\text{C}$ , and held for 40 min. Traces were analyzed by using the R package MALDIquant (62) (R Version 3.3.0, 2016, The R Foundation for Statistical Computing). In brief, raw x, y coordinates for GC traces were exported from Agilent ChemStation (C.01.04), and the y value (height, for 1  $\mu\text{L}$ ) was multiplied by total extract to represent actual amount per sample (nanograms). Following baseline removal, traces were visually inspected for consistent differences between parasitological groupings. Compounds of interest (COIs) were then compared quantitatively, by integrating peaks in ChemStation, and calculating retention index and amount relative to a standard series of n-alkanes (C7–C25), using Eq. 1.

Retention index (RI) calculation

$$RI = 100((\log_{10} \text{RtX} - \log_{10} \text{Rtn}) / (\log_{10} \text{Rtn} + 1 - \log_{10} \text{Rtn})) + 100n, \quad [1]$$

where RtX is the retention time for the COI, Rtn is the retention time for alkane before the COI, Rtn + 1 is retention time for alkane after the COI, and n is the number of carbons in alkane before the COI.

**Compound identification.** Following statistical analysis (below), IACs were tentatively identified by GC-MS, using either a Micromass Autospec Ultima [a magnetic sector mass spectrometer equipped with a Programmed Temperature Vaporizing inlet (GL Sciences B.V.)] and Agilent 6890N GC or a Mass Selective Detector (quad GC-MS). Peaks were compared with MS databases (National Institute of Standards and Technology). For confirmation of identification, authentic standards were injected onto two GC columns (HP1 and DB wax) simultaneously with samples containing those compounds. Standards were heptanal (Sigma-Aldrich), octanal (Sigma-Aldrich), nonanal (Sigma-Aldrich), (E)-2-octenal (Acros Organics), (E)-2-decenal (SAFC), and 2-octanone (Sigma-Aldrich). Identifications were considered certain when the resultant peak increased in height without increasing in width. Coinjections were conducted for all IACs.

**Statistical analysis.** Any sample that had detectable parasite DNA at amounts greater than published limits of detection (LOD) for the assays [0.02 p/ $\mu\text{L}$  for 18S (23) and 5 p/ $\mu\text{L}$  for duplex qPCR (22)] was considered positive, and those with DNA amounts beneath these thresholds were excluded. Only samples that were negative by all measures, including at least one molecular diagnostic measure, were taken to be negative, other than RDTs for which positivity was acceptable (on an assumption of positivity due to circulating HRP-2 protein) (63). Individuals with *Plasmodium* parasitemia, but without microscopic gametocytes, were divided into higher and lower parasite density categories: higher density with  $>50$  p/ $\mu\text{L}$  and lower density with between the LOD and 50 p/ $\mu\text{L}$  (Fig. S2A). Categorization was informed by using 18S qPCR, then duplex qPCR (wDBS > uRDT), then microscopy, according to assay result availability. Instances suggesting no parasites by 18S qPCR but with a robust parasite signal from one or more other measures were allocated to the appropriate positive category. For "quartile" categories, higher- and lower-density samples ( $n = 81$ ) were then subdivided into quartiles according to density (Fig. S2B). Again, samples were allocated according to a hierarchy of procedures, in the order 18S qPCR > duplex qPCR > microscopy. Where 18S and/or duplex qPCR result was zero or missing but microscopy was positive, the film was reread and that value assumed. Two samples with low parasite density by 18S but high and corresponding density by duplex qPCR and microscopy were allocated according to the two corresponding outcomes, and one further lower-density sample was excluded from quartile analysis due to imprecise parasite density. Gametocyte densities per group, "total density" categories, are given in Fig. S2C (measured QT-NASBA, where available), and the correlation between 18S qPCR and duplex qPCR by two templates is in Fig. S2D.

The association between the production of COI (variate: percentage of total entrainment) and parasitological category was assessed by linear mixed models fitted using the method of REML. This modeling allowed for unequal sample sizes (per parasitological category) and repeated measures on the same individuals. We tested (F tests) for the main effects of covariates (age, Hb, day of the year, and weight) before the treatment (parasitological status) term and for factors (sex and round) after the treatment term, in a forward selection, parallel-lines, regression analysis approach (Table S3). Pairwise comparisons between groups of most biological interest were made by using the LSD at the 5% level (Table S4), and COI demonstrating significant (REML, LSD, 5%) differences between groups were termed IACs. Data analysis was conducted by using Genstat (2013, 16th ed.; VSN International).

#### Behavioral Testing of Candidate Compounds.

**Testing IACs individually.** Six IACs [heptanal, octanal, nonanal, (E)-2-octenal, (E)-2-decenal, and 2-octanone] were tested in a background of odor from the worn nylon socks of 12 parasite-free children (18S qPCR confirmed). Each

sock pair was cut into 12 strips after removing the foot part, and then 12 bundles were made, each containing a strip from each individual. Bundles were stored at  $-20^{\circ}\text{C}$  until, and between, experiments. IACs were positioned downwind and separated from sock bundles by a metal grid, ensuring no contact. Parasite-free odor (bundles) was tested with or without individual IAC (in  $10\ \mu\text{L}$  of hexane on filter paper) and against the same but with hexane alone. For each IAC, a decimal dilution series was made (in hexane) and two/three concentrations chosen, to bracket the differential amount between significantly different groups (LSD 5%, REML), adjusted to represent 15 min of compound release (test duration).

**Improving a mosquito lure.** Next, we verified whether the IAC could improve a mosquito lure for monitoring or mass trapping of *Anopheles*. Heptanal, the most promising candidate from the above experiment, was tested as well as two blends: Plas 5 contained the IAC that were associated with parasitological positivity [nonanal, heptanal, octanal, (*E*)-2-decanal, and (*E*)-2-octenal], and Plas 6 additionally contained the gametocyte-associated 2-octanone (Fig. 3). Ratios were derived, and amounts of compounds were taken (Table S5) from predictions for compounds for parasitological groups with significantly increased quantity (LSD 5%, REML). Plas 5 and 6 were tested with the synthetic lure MB5 (28) at four concentrations, each decreasing by a factor of 10 from the 100% concentration (Table S5).

**Assay.** A triple-chamber dual-port olfactometer (64) was used to test the preference of 30 5- to 8-d-old female, non-blood-fed *An. coluzzii* [Suokoko strain, rearing procedures as published (21)] for parasite-free odor or MB5, supplemented with IAC or IAC blends, against background odor alone (parasite-free odor or MB5). Mosquitoes were maintained in a release cage before testing (for 24 h). Experiments took place during the last 4 h of the scotophase under near-dark conditions ( $<1\ \text{lx}$ ). Mosquitoes were allowed to fly for 15 min, and then those that had entered the traps with test/control odors were counted. Each IAC/concentration combination was tested eight or nine times on different days, and each Plas concentration 10 or 11 times on different days, rotating treatments between the left and right port of the

olfactometer. Climatic data (RH, temperature, and air pressure) were recorded in the flight chambers and in the surrounding room.

**Statistical analyses.** GLMs were used to test the effect of odors (individual IAC/heptanal/Plas blends) on relative attractiveness (the proportion of mosquitoes selecting the test odor). GLMs were run as described above [attractiveness of infected odor (socks) by cage assays], testing parameters associated with the set-up as additional factors or covariates in the model, and retaining when significant ( $P < 0.05$ , F test). Sets of compounds were run in separate models (Table S6). SPSS was used for the analyses.

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